



Music Links

[Spotify](#) [Live Acoustic Performance](#)
[YouTube](#) [Full Song Cover](#)
[BandCamp](#) [LinkTree](#)
[SoundCloud](#) ['Just Three Words' EP](#)

Quotes

“Mia-Nina as a performer had a raw, authentic form of quality, with so much depth in her voice and an incredible range” -
Haritua Waaka, Frograts

“Mia-Nina Adams is an incredibly talented and engaging performer who brings authenticity and energy to every show. She showed her expertise within the entertainment industry when she organised VUWSA’s After Dark gig, creating a platform for local artists to perform while championing fair pay through the campaign for Wellington City Council to pay artists a living wage. After seeing her perform, we were confident in giving her the opportunity to take the stage at O-Week 2026, where her presence and connection with the crowd will no doubt shine. Mia-Nina’s professionalism, artistry, and passion for music make her a standout artist ready for larger platforms and audiences.” -
Liban Ali, VUWSA President 2025 & Matt Tucker, VUWSA CEO

Mia-Nina is a Wellington-based indie artist known for her lyric-driven songs with depth and meaning. Her songs spark reflection and connection, making her a rising voice in Wellington’s music scene.

Achievement & Highlights

Notable gigs/festivals supported or headlined

VUWSA After Dark
Ōtaki Kite Festival
Kāpiti Christmas Parade

Awards, chart placements, or radio play

Toi Waha Award - Best Songwriting in a Kāpiti secondary school
Fresh Brew Show - Radio Coast Access Radio
Wellington Access Radio



Mia-Nina is a Wellington-based indie artist whose music is driven by thoughtful lyrics, raw emotion, and a deep sense of meaning. Known for writing songs that spark reflection and connection, she has quickly become a rising voice in the local music scene.

Drawing inspiration from a wide range of influences from indie storytellers like Phoebe Bridgers and Clairo to the energy of Wellington's live scene, Mia-Nina crafts music that feels both relatable and intentional. Her sound blends catchy melodies with honest lyrics, creating songs that stay in listeners' heads.

Since stepping onto the Welly music scene, Mia-Nina has performed at student events, intimate gigs, and grassroots festivals, steadily building a reputation for heartfelt performances. Beyond music, she is passionate about social change and uses her songwriting to explore themes like identity, resilience, and the challenges of modern life.



Mia-Nina is an artist who writes to connect, whether it's sparking a moment of self-reflection, giving someone the words they couldn't find, or inspiring change.

Contact Info

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